

BABY'S FIRST YEAR: The "Chaos Agent" Checklist



Social/Emotional



Language

Social & Emotional

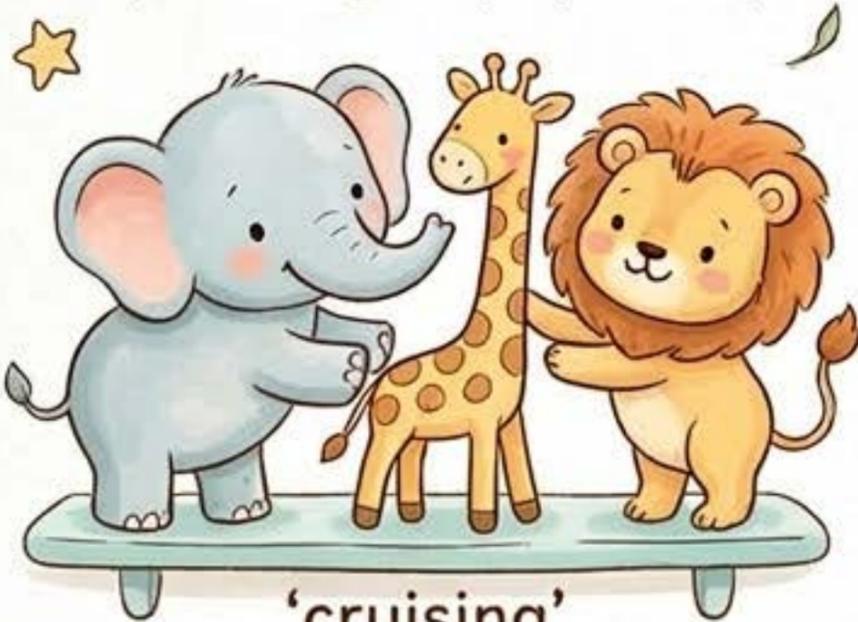
- Does 'The Fan Base' check: Repeats actions for a laugh.
- The 'Barnacle' Phase: Clings to familiar adults when strangers are near.
- Game On: Plays interactive games like peek-a-boo or pat-a-cake.



'pincer grasp' pick up

Cognitive (Brain Power)

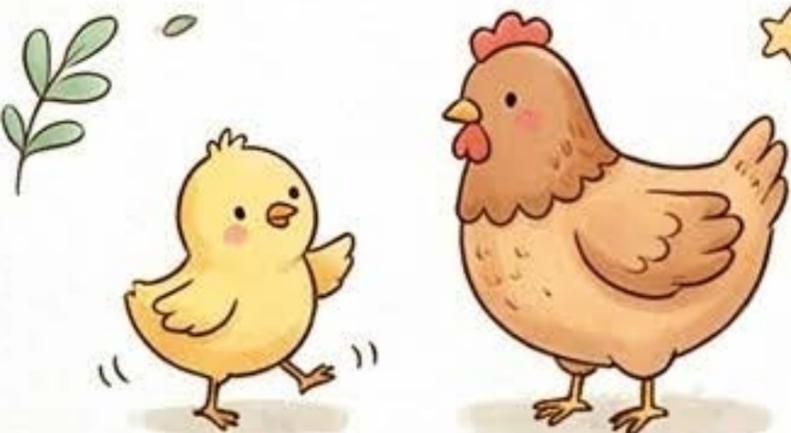
- The Empty-the-Cupboard Special: Puts objects into a container and takes them out.
- The Pincer Power: Uses thumb and forefinger to pick up small items (like Cheerios).
- Hide & Seek: Finds hidden objects easily.



'cruising'

Movement & Physical

- The Coffee Table Cruise: Walks while holding onto furniture.
- Standing Tall: Stands alone for a few seconds without help.



'drunken sailor' steps

- The Coffee Table Cruise: Walks while holding onto furniture.
- Standing Tall: Stands alone for a few seconds without help.
- The First Steps: Might take a few 'drunken sailor' steps without holding on.

Note: Every baby runs on their own clock! Consult your pediatrician for official milestones.